

- Migraine is a type of headache that occurs as a result of changes in the nerves and blood vessels in the brain. The relationship between our brain and gut is two-way and continuous. Therefore, when the intestinal function is impaired, after a while, the brain is adversely affected. Prokult-clarity probiotic consists of 14 important microorganisms such as Lactobacillus Casei, Lactobacillus Plantarum, Bacillus Subtilis, Streptococcus Thermophilus.
 - Magnesium is effective in the prevention of migraine, prevents depression, protects the body against cardiovascular diseases and contributes to the reduction of fatigue. Pro-kult clarity is also a good source of vitamin B6. Vitamin B6 contributes to formation of normal homocysteine and helps regulate hormonal activity. As a result of the study on the pro-kult clarity effect, the frequency of migraine attacks decreased by 25% and improvement in migraine disorder was observed after probiotic supplementation.
- Promote normal function of the nervous system.
 - Reduction of fatigue and exhaustion.
 - Promote the normal function of the immune system
 - Regulate hormonal activity



Adults 12 years and older, 2 capsule should be taken daily with 1 glass of water or juice.